



Lunch Menu

~ *Salads & Lighter Fare* ~

Deconstructed Bruschetta

goat cheese, sun-dried tomato pesto, basil pesto,
grilled french baguette, fresh basil 18

Smoked Fish Dip

house-smoked mahi-mahi, pickled jalapeños, pickled red onion, lavosh
crackers 18

Crab Cake

pan-seared crab cake, remoulade, microgreens 20

Island Shrimp Cocktail

chilled poached shrimp, tropical salsa, citrus cocktail sauce,
pickled fresno-pepper, cilantro 18

Romesco Flatbread

roasted red pepper, wilted spinach, shaved red onion, goat cheese,
microgreens 17

Crab and Corn Chowder

~ *Our House Specialty* ~

8 | 10

Soup du Jour

7 | 9

Steak Tip and Gorgonzola Salad

seared tenderloin tips, crumbled gorgonzola, mixed greens, cucumber,
heirloom cherry tomato, crispy onions, ranch dressing 29

Pineland Salad

prepared with naturally grown organic greens, fresh cucumber, red onions,
tomatoes, kalamata olives, strawberries, hearts of palm, crushed toasted almonds,
citrus vinaigrette 19

Caesar Salad

crisp romaine, shaved parmesan, herb croutons, house caesar dressing,
anchovies 18

add Protein:

Gulf Shrimp ... 10 Chicken ... 7 Fish ... 15 Crab Cake ... 12 Tenderloin Tips ... 11





~ Lunch Selections ~

Fresh Catch

*our daily selection from local waters served with rice, seasonal vegetables, sauce du jour
~ market price ~*

Turkey Ranch Wrap

*freshly roasted turkey on a large toasted flour tortilla
with lettuce, tomato, ranch dressing, bacon, island slaw & chips 19*

Blackened Fish Tacos

*blackened mahi-mahi, island slaw, tropical fruit salsa,
queso fresco, rice & beans 24*

TL Bacon Cheeseburger

*char-grilled 8-oz burger, bacon, lettuce, tomato, pickled red onion,
jack cheese, island slaw & chips 20*

Blackened Mahi Sandwich

*fresh blackened mahi-mahi on multigrain toast with lettuce, tomato, bacon, remoulade,
island slaw & chips 24*

Cuban Sandwich

*pulled pork, ham, swiss, pickles, mustard sauce, Cuban bread,
caramelized plantains, rice & beans 19*

Cheese Steak Hoagie

shaved prime rib, creamy white cheese, fresno-pepper relish and italian hoagie bun, island slaw & chips 23

Jumbo TL Dog

all-beef hot dog, island slaw, TL house sauce, chips 13

add...Tarpon Lodge House Salad to any item above ... 7

add...Tarpon Lodge House Salad with gorgonzola cheese to any item above ... 8



Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.
FOOD ALLERGY NOTICE Please be advised that food prepared here may contain these ingredients: milk, soy, wheat, soybeans, eggs, peanuts, tree nuts, fish and shellfish.